



# Green B+X First Aid Training



Has watched the video session and performed the practical work on the following virtual course:

## Stage 3 Emergency Aid

- The importance of getting help, what to say when you call 999
- Helping someone who is unconscious, breathing and not breathing
- Helping someone who has heat exhaustion or hypothermia
- Helping someone who is choking
- Helping someone who is bleeding
- Helping someone with a burn
- Helping someone having an Asthma attack
- Reassuring someone at the scene of an emergency.



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Course Instructor Signed by Guardian to confirm that the child has completed the work required.

**PAUL MARKHAM** .....

