



Green B⁺x

First Aid Training

STAGE 1 WORK SHEET



Being a Danger Detective is really important
List 3 things that might be dangerous at home

- 1.....
- 2.....
- 3.....



You should always try and get help from an adult, if you have to call for an ambulance what numbers can you call?

- 1.....
- 2.....



If you can't wake someone up but they are breathing do you put them on their;

- 1 Back
- 2 Front
- 3 Side
- 4 Head





Green B+x

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STAGE 1 WORK SHEET

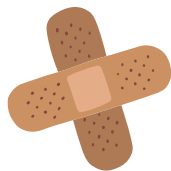


Put these in the right order for treating a bleed.

-Put pressure on the wound
-Sit or lay the person down
-Have a look at the cut to see if there is anything in it.

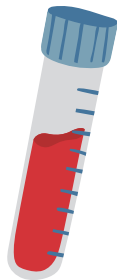
List 3 things that you could say to reassure someone?

- A
- B
- C



If someone is bleeding and they are feeling wobbly and faint we would put them;

- 1 On their back
- 2 On their front
- 3 Sitting up
- 4 On their back with their legs raised

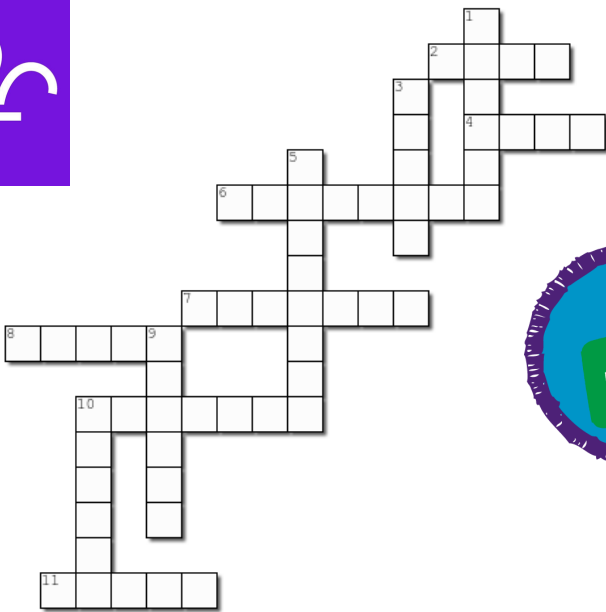


First Aid Crossword

Test your brain powers and see if you can complete our first aid crossword this week.

Name: _____

Complete the crossword puzzle below



Created using the Crossword Maker on TheTeachersCorner.net

Across

2. They sometimes use this to stick wounds together?
4. blood back to the heart?
6. Which way do you lean someone who is having a nose bleed?
7. What would you put on a grazed knee?
8. Another name for a cut?
10. A large cut can be covered with this?
11. This is the pump in the circulatory system?

Down

1. We wear these to protect us against germs?
3. Blood from an Artery will?
5. How do you stop bleeding?
9. What do you check for this before we treat our patient?
10. It is a bleed that is under the skin?





Find the first aid words

This is pretty tough so see if mummy or daddy can help!

If you find it hard try it online, if you click the words on the right of the grid, the first letter of the word you're looking for is highlighted.

<https://thewordsearch.com/puzzle/1006851/green-box-first-aid-word-search/>

Green Box First Aid Word Search

W	S	T	R	A	I	N	H	P	U	C	S	T	N
E	R	U	Z	I	E	S	R	A	K	N	S	G	K
S	E	R	I	N	H	E	G	R	R	G	A	N	D
E	B	R	U	I	S	E	N	A	C	N	I	I	E
T	T	E	D	Z	G	I	I	M	R	I	D	D	I
E	H	C	V	B	C	D	L	E	P	H	O	E	E
B	B	N	A	O	A	E	S	D	C	T	C	E	S
A	E	A	D	F	M	N	O	I	S	A	T	L	P
I	E	L	I	A	N	I	D	C	D	E	O	B	R
D	S	U	U	T	B	L	T	A	I	R	R	H	A
C	T	B	D	N	U	O	W	O	G	B	M	E	I
U	I	M	M	B	R	N	E	E	A	E	G	A	N
T	N	A	B	C	H	O	K	I	N	G	U	R	S
E	G	F	I	R	S	T	A	I	D	K	I	T	N

- PARAMEDIC
- BANDAGE
- HEART
- WOUND
- SEIZURE
- SPRAIN
- DOCTOR
- AMBULANCE
- BRUISE
- BEE STING
- DIABETES
- STRAIN
- CPR
- CUT
- BLEEDING
- BREATHING
- CHOKING
- SLING
- VOMIT
- FIRST AID KIT

