

Green Box

First Aid Training

SESSION 4 WORK SHEET

What should you do if you think someone has broken a bone? Tick all that you SHOULD do.

Keep the injury still

Put ice on it

Move it

Support it and make them comfortable

Get them to hospital

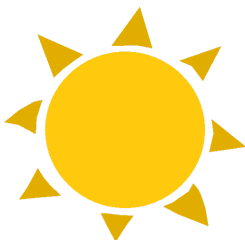
How long should you cool a burn down for with cool running water?

1. A maximum of 5 minutes
2. A minimim of 20 minutes
3. 20 seconds
4. Roughly 10 minutes

Give 2 things you could do to help someone with Hypothermia

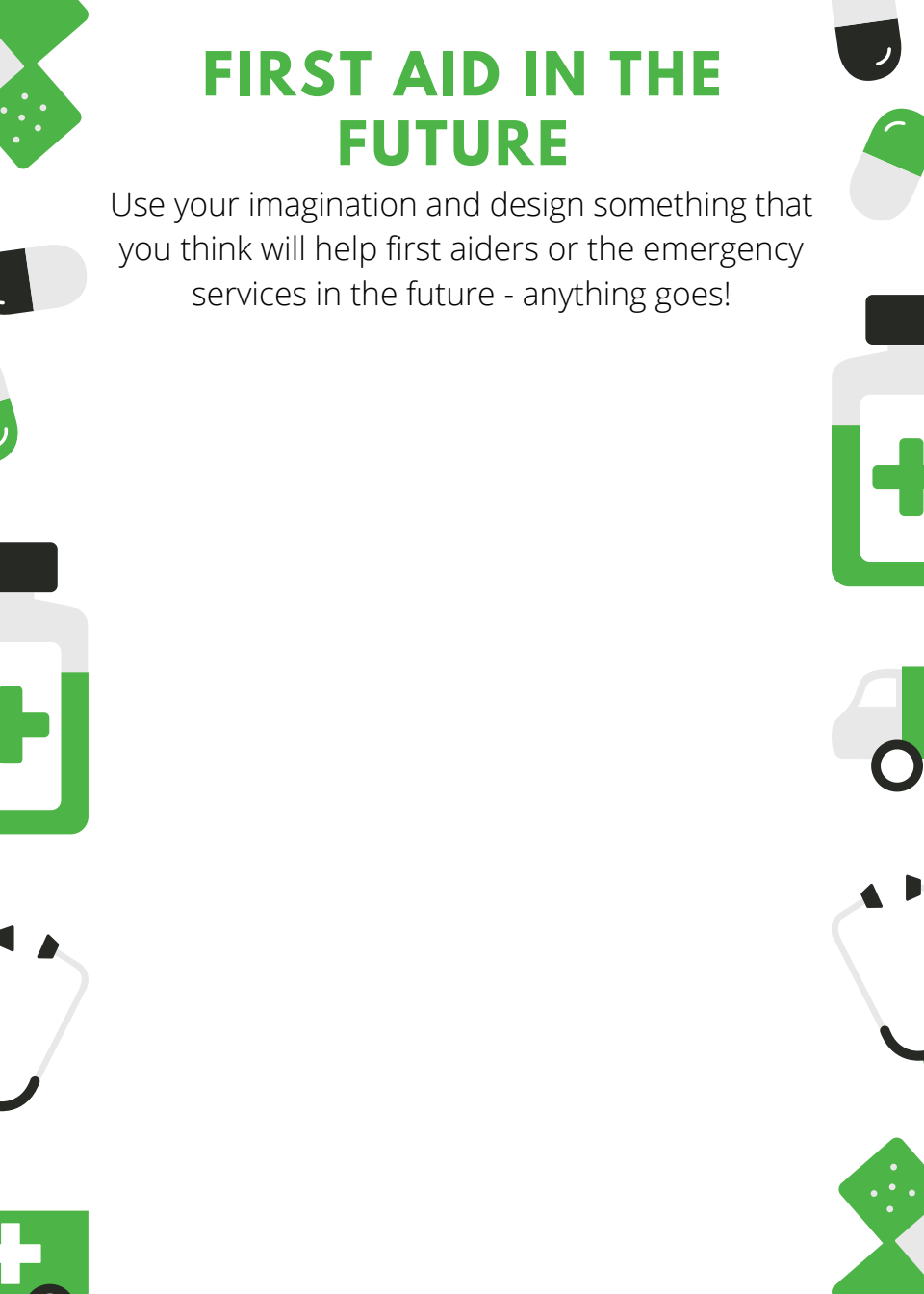
1.....

2.....



FIRST AID IN THE FUTURE

Use your imagination and design something that you think will help first aiders or the emergency services in the future - anything goes!



Getting close up!

Can you tell what these items of first aid kit are?



1.....



2.....



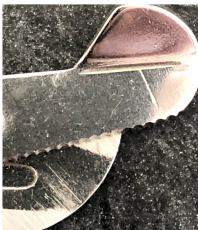
3.....



4.....



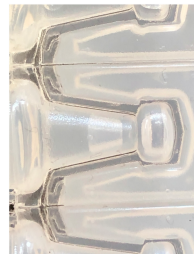
5.....



6.....



7.....



8.....



9.....



10.....



11.....