

Green Box

First Aid Training

SESSION 3 WORK SHEET

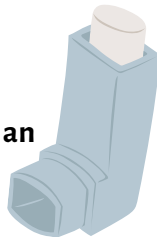
Put these in the right order for treating choking.

-5 squeezes in their tummy
-Ask - are you choking?
-5 hits on their back



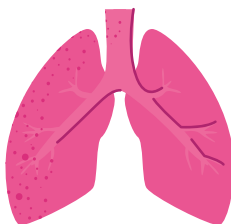
Tick the things you would do and cross the things you wouldn't do if the person was having an Asthma attack

- Take them out for fresh air
- Sit them up leaning forward
- Get them their Asthma pump
- Lay them on the floor



When someone is choking when should you call an ambulance?

- 1 When we can't wake them up
- 2 When they are sick
- 3 When we have done 5 back blows & 5 squeezes to their tummy and it hasn't worked
- 4 When they ask you to!



FIRST AID POEM OR STORY

This week we'd love to see a poem or story about first aid that you've learnt about. Use your imagination - did teddy save the day.



Ambulance dot to dot

Not only can you join the dots - colour it in and even add bits!

